

# BINGE

**Worship Binge**  
**January 12, 2020**

## **1. Worship Makes Us Glad – Psalm 92:1-4**

<sup>1</sup> *It is good to give thanks to the LORD,  
to sing praises to your name, O Most High;*  
<sup>2</sup> *to declare your steadfast love in the morning,  
and your faithfulness by night,*  
<sup>3</sup> *to the music of the lute and the harp,  
to the melody of the lyre.*  
<sup>4</sup> *For you, O LORD, have made me glad by your work;  
at the works of your hands I sing for joy.*

- It's good to worship God, because it uplifts and liberates us
- God is so good we can worship Him day, night, and any other time

## **2. Worship Makes Us Thoughtful – Psalm 92:5-7**

<sup>5</sup> *How great are your works, O LORD!  
Your thoughts are very deep!*  
<sup>6</sup> *The stupid man cannot know;  
the fool cannot understand this:*  
<sup>7</sup> *that though the wicked sprout like grass  
and all evildoers flourish,  
they are doomed to destruction forever;*

- Although we will never fully grasp the depths of God's thoughts and works, He gives us His mind collectively.
- His works show us His mind, because the great thoughts of God are put on display through great works and great faithfulness to us.

## **3. Worship Makes Us Flourish – Psalm 92:8-15**

<sup>8</sup> *but you, O LORD, are on high forever.*  
<sup>9</sup> *For behold, your enemies, O LORD,  
for behold, your enemies shall perish;  
all evildoers shall be scattered.*  
<sup>10</sup> *But you have exalted my horn like that of the wild ox;  
you have poured over me fresh oil.*  
<sup>11</sup> *My eyes have seen the downfall of my enemies;  
my ears have heard the doom of my evil assailants.*  
<sup>12</sup> *The righteous flourish like the palm tree  
and grow like a cedar in Lebanon.*  
<sup>13</sup> *They are planted in the house of the LORD;  
they flourish in the courts of our God.*  
<sup>14</sup> *They still bear fruit in old age;  
they are ever full of sap and green,*  
<sup>15</sup> *to declare that the LORD is upright;  
he is my rock, and there is no unrighteousness in him.*

- When we worship, we receive power, fresh anointing, we are planted in His courts, and we yield fruit in all seasons.
- God is worthy of our praise!

**For reflection and small group discussion:**

 **Read [Matthew 28:18-20](#), and listen as your leader reviews the purpose of our gathering.**  
*Reflect on these verses which exhort us to pursue God's purpose as we gather in our cells.*

**Hearing from God Together - Worship.** Spend a little time listening to a song, singing together, or reading a psalm. Have you heard from God this week? Is God giving you a word to share with an individual or your T-Life group?

 **Building Up One Another in the Word**

**READ [Psalm 92](#).** *As you read,*

**REFLECT** – Meditate on the passage and ask questions. What is the context of the passage? Enter into the Biblical scene in order to “see” the setting, the people, and the unfolding action. What are some words and phrases that the Holy Spirit is drawing my attention to? Do I know what the words and phrases mean? Do I understand what the Holy Spirit is saying through these verses?

**RESPOND** – What do you feel? Read this passage and look for how it speaks to your life. What specific situation in your life today relates to this passage? Are there beliefs, attitudes, or practices I need to adjust to deepen my relationship with Christ? Respond very specifically to what God has revealed to you in Scripture that speaks to your life. This is your personal response to the text: asking for graces, offering praise or thanksgiving, seeking healing or forgiveness. In this prayerful engagement with the text, you open yourself to the presence of God.

**REST** – Read the passage again, but this time, rest in God's presence in what He has spoken to you about your life through Scripture. Simply rest in the fact that God has spoken to you. Worship God for speaking to you and find strength, encouragement and hope, knowing you have just heard God; you have come into experiential contact with the One behind and beyond the text.

### **Reflection Questions**

1. What was the connotation of the word *binge* 20 years ago? What is its connotation now? Do you binge on anything? Does that word have a positive or negative connotation to you?
2. What does the word *worship* mean to you? What are some things people worship other than God? Would you say you worship anything or anyone other than God? How does that usually work out?
3. The Psalms were written about 3000 years ago. Did *worship* mean something different to people back then than it does to us? Did worship mean something different to God back then than it does today?
4. Read Psalm 92:1-4. How do you like to worship – music, art, Scripture, nature, tradition, solitude, loving others, intellectual pursuit? Why do we sing every week at church? Why do you think music enhances worship for many people?
5. Read Psalm 92:5-7. How great *are* God's works? Like what? What does God think about? How can we share in God's thoughts?
6. Read Psalm 92:8-15. Where do you see God's power in this passage? How is the psalmist worshiping God? How is he putting God at the center of his life? Where is God in your life, and where is He when you worship Him?
7. Do you feel like you're flourishing in the courts of the LORD (vv. 12-15)? Are you still bearing fruit at your age? Will our worship of God ever end? Why or why not?
8. Take some time this week to put God at the center of your worship in whatever way is meaningful to you – music, nature, Scripture – meditating on how God is our rock and worthy of our praise.

*If you would like to be a part of a small group, called a T-Life Group, stop by the Information Center in the Village or contact us at [TLifeGroups@NorthWoodChurch.org](mailto:TLifeGroups@NorthWoodChurch.org).*



Share the name of someone you are praying for and with whom you desire to share Jesus. Have you seen any God activity in their life since you last met? Have you been *Bold as Love* in serving and sharing with them? Pray as a group that God would create circumstances in the person's life to make them open to receiving Jesus. Is any way you could show God's love to them as a T-Life Group? How are you serving OUT together as a T-Life Group?